

PROMOTION RECOMMENDATION
The University of Michigan
College of Literature, Science, and the Arts

Edward C. Chang, associate professor of psychology, with tenure, College of Literature, Science, and the Arts, is recommended for promotion to professor of psychology, with tenure, College of Literature, Science, and the Arts.

Academic Degrees:

Ph.D.	1995	State University of New York, Stony Brook
M.A.	1992	State University of New York, Stony Brook
B.A.	1990	State University of New York, Buffalo

Professional Record:

2005 – present	Associate Professor, Department of Psychology, University of Michigan
2001 – present	Faculty Associate, Program in American Culture, University of Michigan
1999 – 2005	Assistant Professor, Department of Psychology, University of Michigan
1999	Associate Professor, Department of Psychology, Northern Kentucky University
1995 – 1999	Assistant Professor, Department of Psychology, Northern Kentucky University

Summary of Evaluations:

Teaching - Professor Chang is an outstanding teacher. He has taught “Introduction to Psychopathology,” which is one of the most popular classes taught in the department. Students report that the class is engaging and demanding. They appreciate his open door policy, his attention in helping them develop their thesis projects, and his frequent and timely feedback on their writing. He also teaches an upper level undergraduate seminar on the science of behavioral therapy, and a graduate course on adult psychopathology, which has received the same excellent ratings as his introductory class. He has won the LSA Excellence in Education Award and the Undergraduate Research Mentoring Award for his work with students in the Undergraduate Research Opportunities Program (UROP). In the last five years he has worked with 51 undergraduates from first term to senior thesis project. His thesis students have won departmental and LSA Honors’ awards, and several have co-authored papers with Professor Chang, giving them an opportunity to publish their thesis work.

Research – Professor Chang integrates personality, clinical, and cross-cultural specialties in the field of psychology. He has achieved a national reputation for research that challenges our traditional theories about optimism, pessimism, and perfectionism. He has had a prolific publication record with articles appearing in the top journals in his fields. He has also put together excellent edited volumes and chapters that critically examine the current theories about the relationship between schemas and adaptive/maladaptive behavior in light of actual data. His latest research aims at examining the relationship of perfectionism to mental and physical health, as well as achievement. To do so he has established a collaboration with colleagues that access patients at the Depression Center.

Recent and Significant Publications:

- “An examination of optimism, pessimism, and performance perfectionism as predictors of positive psychological functioning in middle-aged adults: Does holding high standards of performance matter beyond generalized outcome expectancies?” *Cognitive Therapy and Research*, 33, 2009, pp. 334-344.
- “A preliminary look at loneliness as a moderator of the link between perfectionism and depressive and anxious symptoms in college students: Does being lonely make perfectionistic strivings more distressing?” with L. J. Sanna, et al., *Behaviour Research and Therapy*, 46, 2008, pp. 877-886.
- “Conceptualization and measurement of adaptive and maladaptive aspects of performance perfectionism: Relations to personality, psychological functioning, and academic achievement,” *Cognitive Therapy and Research*, 30, 2006, pp. 677-697.
- “How adaptive and maladaptive perfectionism relate to positive and negative psychological functioning: Testing a stress-mediation model in Black and White female college students,” with A. F. Watkins and K. H. Banks, *Journal of Counseling Psychology*, 51, 2004, pp. 93-102.

Service – Professor Chang has played continuous and important roles in the clinical training program, as well as for the department (Undergraduate Committee, Executive Committee) and for campus programs that involve undergraduate students (Undergraduate Research Opportunities Program, Campus Day, Asian-American Professional Day). He has also been appointed as associate editor for four journals, including some top American Psychological Association journals. He has also reviewed grant proposals for national and international funding agencies.

External Reviews:

Reviewer (A)

“...the most interesting work in psychology (and perhaps in all of science) is happening at the intersections of historically separate fields; Dr. Chang’s work offers a prime example of this trend. ...Dr. Chang’s research accomplishments strike me as far above the average for psychologists promoted to Professor at demanding research universities.”

Reviewer (B)

“The breadth of Professor Chang’s work is impressive. He has publications in the top journals in general...counseling...social...aging...and ethnic minority...psychology. ...it is rare for an author to publish in such a diverse group of journals.”

Reviewer (C)

“...I have been very impressed with both the quality and quantity of his work. He is clearly a highly competent and motivated researcher who has been well trained and a highly productive scientist with an interesting program of research. ... He has made his mark on the field and is on his way to becoming one of its more prominent members.”

Reviewer (D)

“Dr. Chang’s work is relevant to almost every important problem in current psychology. He has contributed to research in personality, culture, cognition, coping and adjustment. ... I anticipate that Edward Chang’s work will soon have an even stronger impact throughout psychology and

beyond as more researchers become aware of the multiple ways in which both mental and physical health are shaped by sociocultural context.”

Reviewer (E)

“...it would be a mistake to undervalue the edited volumes he has put together. His ability to synthesize across research areas and to shift toward productive new lenses with which to view traditional questions is readily apparent in these volumes... His early book [*Optimism and Pessimism: Implications for Theory, Research, and Practice*] (2001) remains a classic reference... Its breadth is unprecedented and has yet to be replicated or updated by others in the field.”

Reviewer (F)

“...Dr. Chang has demonstrated his ability to conduct and publish research of the highest quality. For example, Chang has made significant contributions to our understanding of optimism and appraisal processes, moving the literature forward in some very interesting ways, while demonstrating that the effects of optimism and pessimism are at least somewhat independent of appraisal processes. ... Some of this work has found a home in the best of journals.”

Reviewer (G)

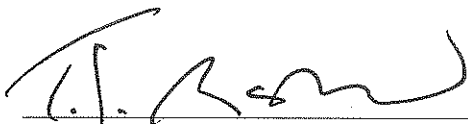
“I find the quality and quantity of Dr. Chang’s research outstanding and comparing very favorably to that of his peers . He has published prolifically in major journals, and he has made terrific empirical and theoretical contributions. ... If I compiled a list of influential articles on self and identity, I would make sure that at least three of Dr. Chang’s articles were represented.”

Reviewer (H)

“Very few scholars have been so refreshing or innovative in approaching these constructs. ...his work challenges popular notions and more accurately links the causal relationships between personality variables and well-being.”

Summary of Recommendation:

Professor Chang is an outstanding scientist. He has also produced a superb teaching and service record. The Executive Committee of the College of Literature, Science, and the Arts and I recommend that Associate Professor Edward C. Chang be promoted to the rank of professor of psychology, with tenure, College of Literature, Science, and the Arts.



Terrence J. McDonald
Arthur F. Thurnau Professor,
Professor of History and Dean
College of Literature, Science, and the Arts

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